# Food Pantry Wish List

## Fats & Oils
- Shredded Cheeses
- Olive Oil
- Low Sodium Chicken, Beef and Vegetable Broths
- Strawberry or Grape Jelly

## Protein
- Frozen beef, chicken and fish - #1 need
- Peanut Butter
- Nuts: sunflower seeds, almonds, peanuts
- Canned tuna in water
- Dry Beans

## Vegetables
- Canned Tomato Products
- Spaghetti Sauce
- Canned Beans of ALL kinds
- Fresh Vegetables: carrots, lettuce, etc.
- Potatoes, Sweet Potatoes, Onions
- Frozen packaged vegetables
- Refried Beans

## Fruits
- Raisins
- Applesauce
- Dried Fruits
- Canned & Boxed 100% Juice
- Fresh Whole Fruits: apples, oranges, grapefruit, peaches, etc.

## Bread, Cereal, Rice & Pasta
- Brown Rice
- Whole Grain Pasta
- Oatmeal
- Crackers
- Packaged crackers (peanut butter/cheese/etc)
- Noodles (spaghetti, fettuccine, penne, etc.)
- Cliff Bars, Granola Bars
- *We receive bread from Bimbo Bakery*

## Dairy Products
- Shelf Milk
- Dry Milk

## Contact:
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